

The School Food Programme Gold Award Application Form

Date: _____ School Decile: _____

Name of School: _____

Address: _____

Phone: _____ Fax: _____

Principal (Ms/Mrs/Miss/Mr): _____

Key Contact (Ms/Mrs/Miss/Mr): _____ Position: _____

School Email Address: _____

School Roll: _____

Previous School Food Programme Award(s) _____

Is your school ready for a Gold Award?

To successfully achieve a Gold Award carefully read the points below before completing your application form:

- Please check that your Food and Nutrition policy is **signed and dated as current** by your Principal
- Make sure your menu is complete and attached and includes **all** items sold in your school's canteen or lunchroom
- To achieve a Gold award, your school canteen or lunchroom must **reduce** the availability of high-fat, high-sugar, high-salt foods so that the amount of these foods for sale is minimal. As a result deep-fried food, potato chips, lollies, chocolate and fizzy drinks will not be a part of your menu **and** there must be at least three pastry free days available per week
- Nutrition Education and Community Health Promotion: Please **thoroughly** describe your health promotion initiatives that students and the wider school community are engaged in and ensure these initiatives are related to food and nutrition
- Please tell us as much information as possible in all of the sections – the more the better!
- Remember - we are happy to receive any material that you feel may support your school in achieving this award!
- By completing your application form accurately, you will be helping our award process flow more smoothly.

Thank you!

Please indicate the approximate quantities you sell of the following food items each day:

- Sandwiches and rolls _____
- Muffins/scones/plain or fruit buns _____
- Cakes/slices/cookies _____
- Doughnuts/cream buns _____
- Meat pies/sausage rolls/other pastry items eg savouries _____
- Low fat meat pies _____
- American hot dogs _____
- Toasted sandwiches/grilled buns/pizzas/burgers _____
- Hot chips/wedges (deep fried) _____
- Hot chips/wedges (oven baked) _____
- Popcorn _____
- Potato chips/corn chips/other snack lines _____
- Fresh fruit _____
- Tinned/dried fruit _____
- Yoghurt or dairy food _____
- Chocolate bars/muesli bars _____
- Lollies/liquorice _____
- Flavoured milk/milkshakes _____
- Fizzy drinks _____
- Water _____
- Other high selling food items and approximate quantities (optional) _____

Food Safety

Have you identified and addressed safety hazards in your food service? **Yes** **No**

Are the NHF safe food handling charts displayed in your canteen/lunchroom? **Yes** **No**

Are pre-made food and purchased items for your menu supplied by a licensed food premise? **Yes** **No**

Has your lunchroom/canteen staff undergone any food safety professional development? **Yes** **No**

If so, what? _____

Smokefree

Is food prepared and sold in a smokefree environment? **Yes** **No**

Community Health Promotion

Please describe the health promotion strategies your school is using to link with the wider community, e.g. involving parents and caregivers in a school health day or cultural food festival
(Gold Awards require five community health promotion strategies)

1. _____

2. _____

3. _____

4. _____

5. _____

To ensure the integrity of Heartbeat Awards we would welcome your commitment via the following undertaking:

Our school undertakes to honour the School Food Programme Heartbeat Award by maintaining the standards met in each of the programme criteria outlined in this application.

Principal:

Signature:

Date:

Health Coordinator
and/or Key Contact:

Signature:

Date:

Food Service Manager:

Signature:

Date:

The Heart Foundation reserves the right to withdraw the award if the criteria are not met.

Check List

Be sure to include with this application:

- A copy of your complete current menu. (Must include all items sold/distributed within the school, including specials etc)
- A copy of your current school food and nutrition policy (signed and dated).
- Any other material you feel will be important in supporting your application.

NB: This material will not be returned. Please send copies only.

Please return to your local Health Promotion Coordinator

Or

Rosemary Winder
Operations Manager
National Heart Foundation
P O Box 17-160
Greenlane
AUCKLAND