

Heart Foundation

Resource Order Form, 27 August 2010

The Heart Foundation is the leading charity against cardio-vascular disease (heart & stroke) committed to providing quality and accessible heart health information. This information is largely made available free of charge or at a nominal cost.

How to Order

- ♥ Select the items you wish to order. **Please note that some resources appear in more than one section.**
- ♥ Write the quantity and cost on this form (see charging policy below).
- ♥ Nominate your preferred method of payment option (credit card or cheque).
- ♥ Fax order form to **(09) 571 9190** or mail to **Resources, Heart Foundation, PO Box 17 160, Greenlane, Auckland 1546.**
- ♥ **Allow up to 2 weeks for delivery**
- ♥ **Please note that prices subject to change without notice.**

Charging Policy

The Heart Foundation provides without charge (unless an amount is indicated on this form):

- ♥ Maximum of 50 copies each of pamphlet/booklet
- ♥ 1 copy each of poster

Over and above these numbers, the charges will be:

- ♥ 10 cents per pamphlet
- ♥ 50 cents per booklet
- ♥ 50 cents per poster

Postage and Handling

A \$10.00 postage and packaging charge will be applied to all dispatched items.

Donations

Donations towards the publishing of these resources are greatly appreciated.

We hope that you find the Heart Foundation resources useful and informative. We are continuously striving to improve our Heart Health Information Service and value your feedback. If you require additional information contact:

Resource Department
Heart Foundation
P O Box 17160, Greenlane 1546
9 Kalmia Street, Ellerslie
AUCKLAND 1130

Tel: 09 571 9191 ext 752
Fax: 09 571 9190
E-mail: resources@nhf.org.nz
Web: www.heartfoundation.org.nz

Heart Foundation Resource Order Form

ITEM	Code	Unit Cost \$	QTY	Total Cost
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* Denotes resources that appear under more than one section

	heart health information
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Pamphlets

Managing Your Angina	42515251			
You and Your Pacemaker	42519995			
Are You at Risk of Having a Heart Attack or Stroke?	42510350			
A Guide to Coronary Angiography	42511025			
Being Active with Heart Disease	42514056			

Booklets

Reducing Your Risk of Heart Attack and Stroke	42514850			
A Guide to Heart Healthy Eating	42544155	0.70		
A Guide to Angioplasty	42514890			
A Guide to Coronary Artery Bypass Graft Surgery	42515000			
Have a Heart – A Guide to Recovery After a Heart Attack	42514749			
Staying Well with Heart Failure (A4)	42510196			
What is Rheumatic Fever?	42518252			
What is Rheumatic Fever (Tongan)	42518253			
What is Rheumatic Fever (Samoan)	42518254			

A5 Information Sheets

Blood Pressure A5	42580125			
Cholesterol A5	42580110			
Diabetes A5	42580115			
Heart Healthy Eating A5	42580101			
Physical Activity A5	42580130			
Smoking A5	42580120			
Weight Management A5	42580135			

Heart Comics

What do you think a Heart Attack is?	42510197			
Why should I have a Heart WOF?	42510198			

Heart Comic A2 Posters

Heart Attack A2 Poster	42510300	1.50		
Get a Heart WOF A2 Poster	42510200	1.50		

Miscellaneous

Advice to Prevent Infective Endocarditis - Wallet Card	42570160			
Know Your Numbers - Wallet card	42753090	0.10		
5 simple steps to eating for a healthy heart – Wallet Card	41231560	0.10		
*Heart Guide Aotearoa Relaxation CD	59535344	5.00		

	healthy eating
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Tick Shopping Guide - download from www.pickthetick.org.nz	41117020			
Shop Right – Eat Right Feel Right (English) (Out of Stock)				
Shop Right – Eat Right Feel Right (Samoan) (Out of Stock)				
Shop Right – Eat Right Feel Right (Tongan)	41115757			





Posters

*Eat for Health	44422201			
*Eat for Health (A4)	44422204			
Tick Poster (A4) (Out of Stock)				
Tick Poster (A3)	41117036			
Shop Right – Eat Right Feel Right Poster (A3 Landscape)	41117033			




Cookbooks

*Deliciously Healthy	22032560	25.00		
*Quick Food For The Heart	22037100	15.00		
*Best of Food for the Heart	22030510	20.00		
*The New Classic Cook Book	22033876	25.00		


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ITEM	Code	Unit Cost \$	QTY	Total Cost
 physical activity				
Posters				
*Get Into It	42523050			
Video & Music CD				
*Hearty Fun DVD	22012010	20.00		
*Hearty Fun Level 1 CD	22013501	15.00		
*Hearty Fun Level 2 CD	22013701	15.00		
*Active Hearts DVD (includes 1x Exercise Band)	42753017	35.00		
Miscellaneous				
*Exercise band (postage included)	42753087	10.00		
Programme Information				
Jump Rope for Heart Information from Jump Rope for Heart at www.jrfh.org.nz				
Skipping Ropes				
Skipping ropes can be ordered from Jump Rope for Heart at www.jrfh.org.nz				
 smokefree				
Pamphlet				
*Pacific Heartbeat Smokefree Brochure (Samoan)	44215953			
*Pacific Heartbeat Smokefree Brochure (Niuean)	44215954			
*Pacific Heartbeat Smokefree Brochure (Tongan)	44215955			
*Pacific Heartbeat Smokefree Brochure (Cook Is)	44215957			
*Pacific Heartbeat Smokefree Brochure (Tokelau)	44215952			
 early childhood and schools				
Pamphlet				
Jump Rope for Heart Information from Jump Rope for Heart at www.jrfh.org.nz				
JRFH Registration Form	10016431			
Healthy Heart Award for Schools: <i>Tohu Manawa Ora – Kura</i> : Brochure	32035151			
Healthy Heart Award for Early Childhood Education Brochure	47235100			
Posters				
*Get Into It (Physical Activity)	42523050			
CD's , Video and DVD				
*Hearty Fun DVD	22012010	20.00		
*Hearty Fun Level 1 CD	22013501	15.00		
*Hearty Fun Level 2 CD	22013701	15.00		
Skipping Ropes				
Jump Rope for Heart Information and Skipping ropes can be ordered from www.jrfh.org.nz				
 pacific heartbeat – heart health information				
Teaching Resource				
*The Pacific Heartbeat Fat Kit	44413574	350.00		
Pamphlets				
Pacific Heartbeat Programme Information www.pacificheart.org.nz	44415900			
Taumafa mo le soifua maloloina (Samoan)	44415800			
E kai meitaki no te oraanga kopapa (Cook Is)	44415750			
Kai ke mo'ui lelei (Tongan)	44415855			
Kai ke malolo (Niuean)	44415760			
*Eat for Health- (English)	44415755			

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ITEM	Code	Unit Cost \$	QTY	Total Cost
Posters				
*Eat for Health (A3 Poster)	44422201			
*Eat for Health (A4 poster)	44422204			
*Proud to be Smokefree	44225737			
 caterers				
Heartbeat Catering Guidelines – Residential for Adults (<i>Out of Stock</i>)				
Heartbeat Catering Guidelines – Residential for Adolescents (<i>Out of Stock</i>)				
Heartbeat Catering Guidelines – Residential for Older People (<i>Out of Stock</i>)				
Function Catering Guidelines	41143001			
Cookbooks				
Real Food	22033776	20.00		
*Deliciously Healthy	22032560	25.00		
*Quick Food For The Heart	22037100	15.00		
*Best of Food for the Heart	22030510	20.00		
*The New Classic Cook Book	22033876	25.00		
 health professionals				
Guidelines on cardiovascular risk, infective endocarditis prophylaxis, heart failure and rheumatic fever, are available to download from the Heart Foundation Website www.heartfoundation.org.nz				
Guidelines printed				
Algorithm 1: A Guide for Diagnosis of Acute Rheumatic Fever (ARF)	42570011			
Algorithm 2: A Guide for the Use of Echocardiography in Acute Rheumatic Fever (ARF)	42570012			
Algorithm 3: A Guide for the Duration of Secondary Prophylaxis in Acute Rheumatic Fever. (ARF)	42570013			
Algorithm 4: A Guide for Sore Throat Management	42570014			
A Summary of the New Zealand Guidelines for Rheumatic Fever	42570009			
Antibacterial Prophylaxis for Dental Procedures – A4 Wall Chart	42570165			
Advise to Prevent Infective Endocarditis – Wallet Card	42570160			
Changes to Your Antibiotic Cover – Patient Leaflet	42570130			
Teaching Resources				
*The Heart Foundation Fat Kit	41210250	380.00		
The Indian Based - Heart Foundation Fat Kit "New"	41210260	380.00		
*The Pacific Heartbeat Fat Kit	44413574	350.00		
 Merchandise				
Cookbooks				
Real Food	22033776	20.00		
*Deliciously Healthy	22032560	25.00		
*Quick Food For The Heart	22037100	15.00		
*Best of Food for the Heart	22030510	20.00		
*The New Classic Cook Book	22012010	25.00		
CD's and DVD **NEW**				
Hearty Fun DVD	22012010	20.00		
Hearty Fun Level 1 CD	22013501	15.00		
Hearty Fun Level 2 CD	22013701	15.00		
Active Hearts DVD (includes 1x Exercise Band)	42753017	35.00		
*Heart Guide Aotearoa Relaxation CD	59535344	5.00		
Miscellaneous				
Exercise band (postage included)	42753087	10.00		

Heart Foundation **Resource Order Form**

 how to pay	
sub-total (as per charging policy)	\$
postage	\$ 10.00
donation	\$
TOTAL	\$

customer/delivery details			
date of order	customer number (if known)
contact name	reference/ purchase order (optional)
organisation name		
Billing address	Shipping address
Post Code	Post Code
phone	email
fax

payment options (payment must accompany all orders)	
cheques – make cheques payable to 'The National Heart Foundation of New Zealand'	
credit card	<input type="checkbox"/> visa <input type="checkbox"/> mastercard
card number	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
name on card	signature
expiry date	phone