

The School Food Programme Silver Award Application Form

Date: _____ School Decile: _____

Name of School: _____

Address: _____

Phone: _____ Fax: _____

Principal (Ms/Mrs/Miss/Mr): _____

Key Contact (Ms/Mrs/Miss/Mr): _____ Position: _____

School Email Address: _____

School Roll: _____

Previous School Food Programme Award(s) _____

Is your school ready for a Silver Award?

To successfully achieve a Silver Award carefully read the points below before completing your application form:

- Please check that your Food and Nutrition policy is **signed and dated as current** by your Principal
- Make sure your menu is complete and attached and includes **all** items sold in your school's canteen or lunchroom
- To achieve a Silver award, your school canteen or lunchroom must **reduce** the availability of high-fat, high-sugar, and high-salt foods so that the amount of these foods for sale is minimal. As a result deep-fried food will not be a part of your menu **and** there must be at least one pastry free day available per week
- Nutrition Education and Community Health Promotion: Please **thoroughly** describe your health promotion initiatives that students and the wider school community are engaged in and ensure these initiatives are related to food and nutrition
- Please tell us as much information as possible in all of the sections – the more the better!
- Remember - we are happy to receive any material that you feel may support your school in achieving this award!
- By completing your application form accurately, you will be helping our award process flow more smoothly.

Thank you!

Food Choice

Food and Nutrition Policy

Be sure to include a copy of your school food and nutrition policy, signed and dated by your Principal as **current** .

Yes **No**

Food Choice

Are you serving:

- | | | |
|--|------------|-----------|
| • A selection of breads and cereals | Yes | No |
| • A selection of fruit and vegetables | Yes | No |
| • Low-fat milk and milk products | Yes | No |
| • Lean meat/chicken without skin, e.g. in sandwiches/rolls | Yes | No |
| • Fresh clean drinking water and milk (plain and/or flavoured) | Yes | No |
| • Foods via a vending machine | Yes | No |

If **Yes**, please list foods sold from these machines: _____

Fundraising – Please list foods sold for fundraising:

Please comment on the menu changes you have made:

(Please remember to attach a copy of your current menu)

How did you market/promote the new products? Were they successful?

Please indicate the approximate quantities you sell of the following food items each day:

- Sandwiches and rolls _____
 - Muffins/scones/plain or fruit buns _____
 - Cakes/slices/cookies _____
 - Doughnuts/cream buns _____
 - Meat pies/sausage rolls/other pastry items eg savouries _____
 - Low fat meat pies _____
 - American hot dogs _____
 - Toasted sandwiches/grilled buns/pizzas/burgers _____
 - Hot chips/wedges (deep fried) _____
 - Hot chips/wedges (oven baked) _____
 - Popcorn _____
 - Potato chips/corn chips/other snack lines _____
 - Fresh fruit _____
 - Tinned/dried fruit _____
 - Yoghurt or dairy food _____
 - Chocolate bars/muesli bars _____
 - Lollies/liquorice _____
 - Flavoured milk/milkshakes _____
 - Fizzy drinks _____
 - Water _____
 - Other high selling food items and approximate quantities (optional) _____
-

Food Safety

Have you identified and addressed safety hazards in your food service? **Yes** **No**

Are the NHF safe food handling charts displayed in your canteen/tuckshop? **Yes** **No**

Are pre-made food and purchased items for your menu supplied by a licensed food premise? **Yes** **No**

Has your lunchroom/canteen staff undergone any food safety professional development? **Yes** **No**

If so, what? _____

Smokefree

Is food prepared and sold in a smokefree environment? **Yes** **No**

Community Health Promotion

Please describe the health promotion strategies your school is using to link with the wider community, e.g. involving parents and caregivers in a school health day or cultural food festival
(Silver Awards require three community health promotion strategies)

1. _____

2. _____

3. _____

To ensure the integrity of Heartbeat Awards we would welcome your commitment via the following undertaking:

Our school undertakes to honour the School Food Programme Heartbeat Award by maintaining the standards met in each of the programme criteria outlined in this application.

Principal:

Signature:

Date:

Health Coordinator
and/or Key Contact:

Signature:

Date:

Food Service Manager:

Signature:

Date:

The Heart Foundation reserves the right to withdraw the award if the criteria are not met.

Check List

Be sure to include with this application:

- A copy of your complete current menu. (Must include all items sold/distributed within the school, including specials etc)
- A copy of your current school food and nutrition policy (signed and dated).
- Any other material you feel will be important in supporting your application.

NB: This material will not be returned. Please send copies only.

Please return to your local Health Promotion Coordinator

Or

Rosemary Winder
Operations Manager
National Heart Foundation
P O Box 17-160
Greenlane
AUCKLAND