



Health promotion plans.
Present picture and
future focus.

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PHARMAC Seminar Series
Rheumatic Fever
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Overview



- Introductions
- Summary of Rheumatic Fever research
- Workshop exercise one:
Examples of initiatives
- Research recommendations
- Workshop exercise two:
Categorising examples
- Workshop exercise three:
Planning future programmes
- Final thoughts



Implementing the Rheumatic Fever Guidelines:

Identifying the challenges and crossing the
theory/practice divide

A research portfolio submitted in partial fulfilment of the requirements for the degree of
Master of Health Sciences, The University of Auckland, 2010



NZ Guidelines for RHF

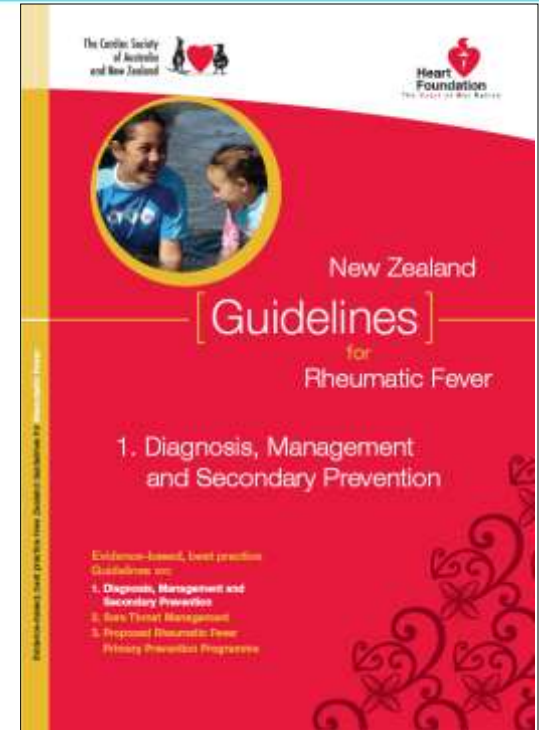


Covers:

- Diagnosis
- Management
- Secondary prevention

Objectives:

- Prevention of recurrences
- Reduce mortality and morbidity from RHF and RHD
- Excludes primary prevention



Research Methods



1. Quantitative audit of practice against guidelines



2. Qualitative interviews investigating barriers and facilitators to meeting the guidelines



2. Lines of Inquiry



1. Challenges faced by clinicians when meeting the standards of the guidelines
2. Success factors that make meeting the standards easier
3. Opportunities and new initiatives that have arisen
4. Recommendations for targeted public health initiatives to meet the needs of RHF patients



Workshop Exercise One



Examples of health promotion initiatives

1. What have you tried that has worked?
 - What were the key success factors?
 - What were the challenges?
2. What have you tried that did not work?
 - Why did it not work?
 - What have you learnt?





- Agenda for action
- Approach
- Accessibility
- Appropriateness
- Awareness



Workshop Exercise Two



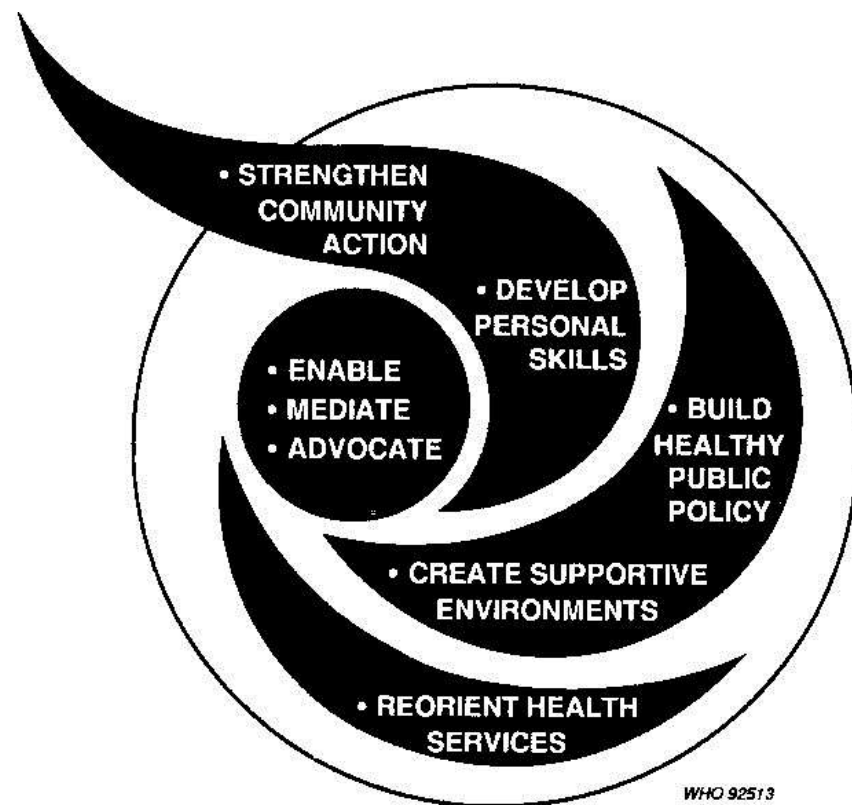
Categorising examples

1. Which of the A's were utilised
2. Which were missing?
2. Are there any themes?
3. Is there anything missing from the list of A's?



Implications for Practice

- What are we doing?
- What should we be doing?
- Who are we working with?
- Why are we doing what we are doing?
- How are we doing what we are doing?



Workshop Exercise Three



Future Focus

How would you use the A's as considerations for planning future health promotion initiatives?

Agenda for Action

Approach

Accessibility

Appropriateness

Awareness



HEALTH WAIKATO
CARING FOR YOU



Waikato District Health Board

Thank you

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- RHF community



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