



RHEUMATIC FEVER PILOT

Lakes District Health Board

and

Korowai Aroha

Pharmac Seminar Series

Rheumatic Fever Workshop

April 2011

COMMUNITY EVENTS



KEY MESSAGES

- Rheumatic fever is a serious disease that can cause permanent heart damage
- If your child has a sore throat that lasts longer than 24 hours take them to the doctor for a throat swab
- If your doctor prescribes antibiotics make sure your child takes them exactly as prescribed so all the strep bugs are killed

APPROACH

- Reviewed local/national data
- Prioritised Maori community engagement for planning and implementation
- Planned campaign design to be meaningful for Maori community
- Developed stakeholder engagement and buy in



TOOLS

- Developed appropriate resources: educational; culturally relevant; meaningful messages
- Utilised Te Reo Irirangi and other iwi networks
- Developed a RF puppet show
- Engaged with local Maori Health providers/community
- Supported RF register development



THROAT SWABBING

- Korowai Aroha undertook a throat swabbing strategy by:
- Reviewing National Guidelines with all GPs
- Development of Clinic protocol for the treatment of sore throats
- Auditing



RF WHANAU ORA WORKER

- Designated position to support clinical services to work with whanau
- Support RF knowledge and awareness amongst whanau and Maori community
- Maintain contact and support for those on the District Health Nurse prophylaxis register
- Work to develop practise nurse knowledge



LINKAGES

- Korowai Aroha/Lakes DHB
 - District Nursing
 - Child Transition Team
 - Community Paediatrician
 - Patients and Whanau



EVALUATION RECOMMENDATIONS

- Long term planning / sustainability
- Resourcing/Funding
- Build Evaluation capacity
- Use effective teaching and learning tools

ENGAGING WITH MAORI COMMUNITY

- Identify key stakeholders
- Include in the planning and implementation
- Build long term relationships
- Ensure the infrastructure supports the continuity of service delivery

