



“Whether you have a little
or a lot to contribute,
it all helps.”



**Thanks from tomorrow,
for what you leave today.**

A guide to leaving a gift in your will to the Heart Foundation.



Leaving a gift in your will.

A lasting legacy for a healthier future.

The Heart Foundation warmly invites you to leave a gift in your will to help us eliminate New Zealand's biggest killer. Gifts like the one you are considering right now are the lifeblood of the Heart Foundation. They are essential for ensuring our important work continues well into the future.

Your legacy will enable us to fund vital research, provide education and promote healthy lifestyles, so more people will enjoy longer, healthier lives for generations to come.

We invest about \$2 million into heart research and training every year and we have invested more than \$60 million since 1970. Grants have been awarded to some of the country's leading researchers and cardiologists, allowing them to further their skills at the world's foremost institutions. This has a direct impact on the quality of care that you receive in our hospitals.

Why leave your gift to the Heart Foundation?

Every 90 minutes, more than one New Zealander dies from heart disease. It is a terrible statistic, but one that is within our power to change.

Thanks to the generosity of people like you, the Heart Foundation has helped bring about major advances in both treatment and prevention. We remain steadfast in our goal to improve the heart health of all New Zealanders, but we cannot achieve it alone.

As a not-for-profit, non-governmental organisation, the Heart Foundation depends on the support of everyday New Zealanders. We are grateful to the many people who have chosen to leave a gift in their will so we may continue our life-saving work to keep New Zealand families together longer.

The Work of the Heart Foundation.

Here are some ways the Heart Foundation helps stop New Zealanders dying from heart disease:

- Since the Heart Foundation was formed in 1968, we have awarded more than \$60 million in grants to fund heart research into prevention and treatment in New Zealand
- We work with schools and early childhood education (ECE) services to create healthy environments which promote healthy eating and physical activity to children and their whanau
- We run programmes to help people make healthier lifestyle choices
- We work with the food and hospitality industries, developing and supporting public-private partnerships that encourage better food choices
- We provide a range of information booklets and resources for both health professionals and those interested in heart health
- We are also working hard, with health professionals, to eradicate non-communicable diseases (including cardiovascular disease, cancers, respiratory conditions and diabetes) which are the leading cause of death worldwide and here in New Zealand.

“A gift in your will, no matter how large or small, will make a lasting difference in the fight against heart disease.”

Dorothy Cutts,
Heart Foundation supporter

“I’m confident the Heart Foundation will put my gifts to good use. With my help and the help of others, they can fund more research into the prevention and treatment of heart disease. I encourage more people to get behind them.”

Dorothy Cutts,
Heart Foundation supporter

We want to acknowledge you.

It is very helpful for us to know if you have left a gift in your will. This will ensure that we acknowledge your generous support and allow us to better plan and budget for our ongoing initiatives and programmes.

If you have already included a gift in your will to the Heart Foundation, please let us know by calling us on 09 571 4761.

There is no need to specify an amount, just a simple phone call to tell us you have formally made this pledge through your will (once you have contacted your legal advisor).

After acknowledging your support we will keep you up-to-date with our work on an annual basis.

What to do next.

By making a will you can ensure your assets go to the people and places you have chosen, meaning you can help future generations. Once you have decided that you would like to leave a gift in your will to the Heart Foundation, you may first want to discuss your wishes with your immediate family. We strongly recommend you seek legal advice when altering your will. You can pass this brochure to your legal advisor or you may prefer to have your solicitor contact us directly on 09 571 4761.

Some information for your solicitor.

Your solicitor will need to make the necessary changes to your will and they may like to use the following paragraph drafted specially for this purpose:

“I give to The National Heart Foundation of New Zealand the sum of \$_____ (or a percentage, or the residue of my Estate, or a description of the property or asset given) for its general purposes and declare that the receipt of the Executive Director of the Foundation or other proper officer shall be sufficient discharge for my Trustee”.

“It was easy. I just told my solicitor what I wanted to do and he set it all up.”

Dorothy Cutts, Heart Foundation supporter

If you would like to find out more.

We would love to have the opportunity to chat and explain the process of leaving a gift in your will. If you would like to talk to us, please contact our Development Fundraising Manager, Matt MacDougall directly on **09 571 4761** or email **mattma@heartfoundation.org.nz**

The Heart Foundation - Bequest

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www.heartfoundation.org.nz/bequests



include *a charity*
Help the work live on.