Workforce Nutrition Course

Pacific nutrition and weight control

Why do the choices we make have an impact on our health?

This one day course is designed for health professionals working with Pacific communities in New Zealand.

Learn more about:

- Nutrition and health from a Pacific perspective
- Weight control from a Pacific perspective
- Role of food in Pacific culture and health issues
- Impact of food choices on Pacific people's health
- Practical steps to improving Pacific people's health and more…

Where: Royal Oak Bowls
146 Selwyn Street
Onehunga, Auckland
When: Tuesday 11th June 2019
9:00am – 1:30pm

Register now:
www.heartfoundation.org.nz/work

For more information email:
info@pacificheart.org.nz

PACIFIC HEARTBEAT NUTRITION COURSES

Register by: Thursday 4th June to secure your place*
Cost: $40.00 per person

REGISTER NOW

Heart Foundation | Pacific Heartbeat